

Footpath 574023 From C5058 (Winter Lane) at Bowston (after Kent Close) along west side of River Kent to Cowan Head and then westwards at Cowan Head cottages to parish boundary with Nether Staveley at Crag Plantation.

Length of path 0.75 miles (1.2 km)

On road at Bowston opposite boat repairer-
-Finger-Post ("Dales Way Staveley") SD49710/96723
-path between houses.

Continue with river on your right towards Cowan Head joining tarmac drive to Cowan Head and on left opposite white cottage is---
Wicket-gate, with waymark SD49174/97313

Through gate and slant right behind cottages and onto path between stone walls to-
-wooden wicket-gate. SD49064/97367

Through wicket-gate and after gateway on right-head up left to a wall-corner and stone
step-stile with wooden wicket-gate. Parish Boundary. SD48851/97420

Path continues after parish boundary as 558018 past Crag House to Staveley road north of railway crossing.